

ATTRACT FITNESS



CONNECT WORKOUT

Date your spouse! Join us for a fun workout full of laughs and engaging questions designed to strengthen not just your bodies, but also your relationship! All couples welcome.

SATURDAY FEB 11TH 10AM

Location: CrossFit Loomis

must pre-register online

SPEED DATING WORKOUT

Through fun questions and dynamic partner exercises, workouts are designed so you can meet and spend a little time with all participants.

If you feel like you connect with someone during the workout, just let us know. If the match is mutual, we will connect you within 24 hours.





scan for event details